

Join a Cancer Survivorship Research Study BfedBwell Nutrition Program

Your participation would include...

Completion of a 12-week cancer survivorship nutrition program, BfedBwell, consisting of:

- Weekly group education sessions
- Monthly cooking demonstrations
- Monthly 1:1 counseling with a dietitian
- Weekly questionnaires
- Five in-person data collection visits
- Vitals, height, weight, and blood draw
- At-home sample collection (stool, urine)
- Diet, physical activity, and body composition assessment

INTERESTED, PLEASE CONTACT CLAUDIA SCHAEFER

BfedBwell@cuanschutz.edu | 303-724-8489

Compensation provided!

Complimentary participation in BfitBwell exercise program.

You may qualify if you...

- Are 18-75 years old
- Speak English
- Have access to the internet and the ability to come to CU Anschutz Medical Campus
- Have a BMI 25-45 kg/m²
- Have a history of cancer
- Have completed active treatment within the past 5 years
- Do not meet diet or physical activity recommendations







Join a Cancer Survivorship Research Study BfedBwell Nutrition Program

Your participation would include...

Completion of a 12-week cancer survivorship nutrition program, BfedBwell, consisting of:

- Weekly group education sessions
- Monthly cooking demonstrations
- Monthly 1:1 counseling with a dietitian
- Weekly questionnaires
- Five in-person data collection visits
- Vitals, height, weight, and blood draw
- At-home sample collection (stool, urine)
- Diet, physical activity, and body composition assessment

INTERESTED, PLEASE CONTACT CLAUDIA SCHAEFER

BfedBwell@cuanschutz.edu | 303-724-8489

Compensation provided!

Complimentary participation in BfitBwell exercise program.

You may qualify if you...

- Are 18-75 years old
- Speak English
- Have access to the internet and the ability to come to CU Anschutz Medical Campus
- Have a BMI 25-45 kg/m²
- Have a history of cancer
- Have completed active treatment within the past 5 years
- Do not meet diet or physical activity recommendations







Join a Cancer Survivorship Research Study **BfedBwell Nutrition Program**

Your participation would include...

Completion of a 12-week cancer survivorship nutrition program, BfedBwell, consisting of:

- Weekly group education sessions
- Monthly cooking demonstrations
- Monthly 1:1 counseling with a dietitian
- Weekly questionnaires
- Five in-person data collection visits
- Vitals, height, weight, and blood draw
- At-home sample collection (stool, urine)
- Diet, physical activity, and body composition assessment

INTERESTED, PLEASE CONTACT CLAUDIA SCHAEFER

BfedBwell@cuanschutz.edu | 303-724-8489

Compensation provided!

Complimentary participation in BfitBwell exercise program.

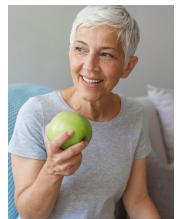
You may qualify if you...

- Are 18-75 years old
- Speak English
- Have access to the internet and the ability to come to CU Anschutz Medical Campus
- Have a BMI 25-45 kg/m²
- Have a history of cancer
- Have completed active treatment within the past 5 years
- Do not meet diet or physical activity recommendations

















Join a Cancer Survivorship Research Study *BfedBwell* Nutrition Program

Your participation would include...

Completion of a 12-week cancer survivorship nutrition program, BfedBwell, consisting of:

- Weekly group education sessions
- Monthly cooking demonstrations
- Monthly 1:1 counseling with a dietitian
- Weekly questionnaires
- Five in-person data collection visits
- Vitals, height, weight, and blood draw
- At-home sample collection (stool, urine)
- Diet, physical activity, and body composition assessment

You may qualify if you...

- Are 18-75 years old
- Speak English
- Have access to the internet and the ability to come to CU Anschutz Medical Campus
- Have a BMI 25-45 kg/m²
- Have a history of cancer
- Have completed active treatment within the past 5 years
- Do not meet diet or physical activity recommendations

INTERESTED, PLEASE CONTACT CLAUDIA SCHAEFER

BfedBwell@cuanschutz.edu | 303-724-8489

Compensation provided!

Complimentary participation in BfitBwell exercise program.



