## **LEAP**

RESEARCH STUDY

# Interested in a research study on women's reproductive hormones?



Scan to see if you Qualify!

#### **BENEFITS:**

- Free blood & body measurement tests
- Free measurement of metabolic rate
- Personalized meals provided for 10 days
- Compensation Included

### WHO QUALIFIES?

- Women ages 18-30, with regular menstrual cycles
- Not using hormonal birth control
- Willing to maintain dietary habits during study
- Not regularly doing intentional aerobic exercise
- With BMI between:
  - 18.5-24.9 kg/m<sup>2</sup>

OR

 $\circ$  30-45 kg/m<sup>2</sup>

## For more information:



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