Study on the Effects of Combined Oral Contraceptives versus Non-hormonal Contraceptives on Weight

What you will receive:

- Assessment of body composition
- Study visits for metabolic assessments occur at the start of the study and 3 and 6 months later
- Up to $300 in compensation provided

To be eligible to participate you must:

- Be a pre-menopausal woman between 18 and 40 years old
- Have a BMI between 25-45 kg/m2
  - Check your BMI here: http://www.nhlbi.nih.gov/guidelines/obesity/BMI/bmicalc.htm
- Not currently be using a hormonal form of birth control
- Be willing to start the Sprintec contraceptive pill
  OR
- Be willing to continue your non-hormonal birth control method for 6 months
- Be generally healthy
- Be a non-smoker
- Remain on your chosen contraceptive method for 6 months

The criteria listed above is only a partial list of all the requirements to participate in this research study. Only a clinical research staff member can determine eligibility.

Email: COCP@cuanschutz.edu