

Are you
planning to
begin taking an
oral
contraceptive?

OR

Are you
currently using
a non-
hormonal form
of birth
control?



Study on the Effects of Combined Oral Contraceptives versus Non-hormonal Contraceptive on weight

What you will receive:

- Assessment of body composition
- Study visits for metabolic assessments occur at the start of the study and 3 and 6 months later
- Financial Compensation Provided

To be eligible to participate you must:

- Be a pre-menopausal woman between 18 and 40 years old
- Have a BMI between 25-39.9 kg/m²
 - Check your BMI here: <http://www.nhlbi.nih.gov/guidelines/obesity/BMI/bmicalc.htm>
- Not currently using a hormonal form of birth control
- **Willing to start the Sprintec contraceptive pill**
- **OR**
- **Be willing to continue your non-hormonal birth control method for 6 months**
- Be generally healthy
- Be a non-smoker
- Be planning to remain on chosen contraceptive method for 6 months

The criteria listed above is only a partial list of all the requirements to participate in this research study. Only a clinical research staff member can determine eligibility

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