IRB # 23-1455 Approved: 5.20.24

# We are looking for people to join our study who have early-stage breast cancer or ovarian cancer in remission, and who are afraid of their cancer.

## Why is this study being done?

The purpose of this study is to look at how psilocybin-assisted psychotherapy affects the fear of cancer recurrence in patients with early-stage breast cancer or ovarian cancer in remission.

## What is psilocybin-assisted psychotherapy?

In this study, each person in the study will be given a single, oral "high" (25 mg) dose of psilocybin. They will also have psychotherapy sessions with a therapist.

## What happens during this study?

People who join this study will have 11 study visits during a 6-month time period. About 2 to 4 of the study visits are in person (this number will be decided by the research leader). The rest of the visits are remote (not in-person).

# To take part in this study, you must:

- Go to in-person visits for screening, baseline and to take the medicine (called the dosing session), and also a final follow-up visit.
- Have virtual study visits, which will include preparatory and integration sessions with the study therapists. You will also be asked to do certain tasks at your research study visits.
- Have a support person who can stay with you after the dosing session.
- It must be 6 months from the end of your treatment plan (end of surgery, radiation or chemotherapy).

### What you will receive:

 You will not be paid (compensated) for being part of the study. However, the psilocybin and psychotherapy sessions are free.

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