



Join a Cancer Survivorship Research Study

BfedBwell Nutrition Program

Your participation would include...

Completing a 6-month cancer survivorship nutrition program consisting of:

- Group education sessions
- None, some, or all of the following: group support sessions, cooking demonstrations, and/or 1-on-1 counseling with a dietitian
- Support for aerobic and resistance exercise with the BfitBwell exercise oncology program
- Assessments of your body composition, lab values, dietary intake, and physical activity

Scan the QR code to see if you qualify!



You may qualify if you...

- Are 18-75 years old
- Speak English
- Have access to the internet and the ability to come to CU Anschutz Medical Campus
- Have a BMI 25-45 kg/m²
- Have a diagnosis of any adult cancer within the past 10 years
- Have finished all planned surgery, radiation, and chemotherapy treatments 3 or more months before the study starts
- Do not meet diet or physical activity recommendations

INTERESTED, PLEASE CONTACT CLAUDIA SCHAEFER
BfedBwell@cuanschutz.edu | 303-724-8489
Compensation provided!