

## WHAT IS ECHO?

- ECHO has been ongoing since 2016.
- The goal is to make the health of children better for generations to come.
- ECHO will include 70,000 pregnant participants, their partners, and children.

## WHAT INFORMATION WILL BE COLLECTED?

- Information like dates of birth and addresses
- Samples like saliva, blood, or hair

## WHAT IS THE TIME COMMITMENT?

- Research visits will:
  - last <30 minutes.
  - happen in pregnancy, at delivery, and two times before your child turns one.
  - happen once a year after two years.

## WILL I BE COMPENSATED?

- Yes, you will be paid up to \$250 per visit, and transportation will be covered.

## HOW WILL MY INFORMATION BE USED?

Thanks to your participation, researchers will learn how the environment affects:

1. Pregnant people's and babies' health
2. Children's breathing
3. Nutrition, physical activity, and weight
4. Child thinking and behavior
5. Health and well-being



## WILL MY INFORMATION BE PRIVATE?

- Your information:
  - will not be shared outside of the study.
  - cannot be traced to you.
  - Loss of confidentiality is unlikely but possible.

## WHAT HAS ECHO ALREADY LEARNED?

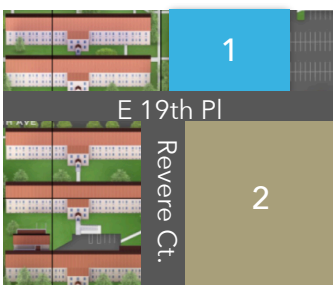
ECHO has helped us understand that:

- Children who sleep well have happier lives.
- Free school lunches reduce child obesity.
- Certain racial and ethnic groups face unfair differences in air quality, access to parks, and educational opportunities based on where they live.

Our team will communicate study findings through newsletters and our website.

## WHERE DO VISITS HAPPEN?

1. Remotely –OR–
2. LEAD Center, CU Anschutz Medical Campus  
1890 Revere Ct - Suite 1002, Aurora, CO  
Phone: (720) 982-3788  
Email: [milehighecho@ucdenver.edu](mailto:milehighecho@ucdenver.edu)



1 - Vail Parking Lot

2 - Anschutz Health  
Science Building



[www.milehighecho.org](http://www.milehighecho.org)