



## **Research Study on Effects of Shift Work on Heart Health in Women**

The purpose of this study is to understand how shift work impacts blood vessel function in women.

We are recruiting women who currently engage in shift work or daytime work to participate in a research study.

### **Inclusion criteria:**

- Women aged 18-40 years of age.
- Non-smoking.
- No current use of hormonal contraceptives.
- Engaging in shift work or work during the daytime.

Interested? Complete the optional eligibility survey using the QR code below:

