



Postmenopausal Women Needed for a Research Study

Study purpose: This research study will test the short-term effect of equol supplementation (1, 2, and 3 hours after ingestion) on blood vessel function in women with and without chronic kidney disease (CKD).

What is “Equol”? Equol is a dietary supplement. Equol is a metabolite of soy that is produced by the gut microbiome.

We are looking for:

- Postmenopausal women (aged 50-69 years)
- Generally healthy and free from hypertension **OR** have chronic kidney disease
- Non-smokers
- Free from advanced CKD requiring chronic dialysis

As a volunteer, you will receive the following information about your health:

- Blood Lipids Screening
- Blood Pressure Screening
- Resting ECG
- Physical Examination



What is involved in this study?

- One screening visit (1.5 hours) and two testing visits (each 6 hours)
- Testing visits will include a blood draw and non-invasive testing of blood vessel function
- All visits will take place at CU Anschutz

Compensation provided.

For more information, please contact:

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