Do you treat adolescents who experience anxiety in social situations or are you the parent of an adolescent who experiences anxiety in social situations? If so, we would love to talk to you!

The National Mental Health Innovation Center is conducting a research study to better understand how VR mindfulness applications can be used to improve wellbeing in healthy student populations. We are recruiting up to 20 adolescents who experience anxiety in social situations and 10 providers who treat adolescents who experience anxiety in social situations to participate in a research study. Participation involves trialing social engagement content on a virtual reality (VR) headset. Participants will be compensated for their time.

For more information or to participate, please email us at: NMHICResearch@ucdenver.edu