PARTICIPANTS NEEDED FOR A RESEARCH STUDY!

SALMON INTAKE ON GUT HEALTH & INFLAMMATION

You May Qualify If You …

• Are between 30 and 70 years old
• Have a BMI between 25-40 kg/m²
• Not on any blood glucose lowering medications
• Have a relatively low intake of seafood
• Participate in less than 3 hours/week of moderate or high intensity exercise
• Do not smoke tobacco

Participation Involves…

• Visits to the University of Colorado-CTRC over a period of 18 weeks
• Blood, urine & stool sample collections
• Two, 4-week periods with daily consumption of salmon (provided)

Location:
12401 East 17th Avenue, Leprino Building
Aurora, CO 80045

IF INTERESTED, PLEASE CONTACT LILLIE BERMAN, MS, RDN
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COMPENSATION PROVIDED!