

Are you worried about your child's mood and health?

Researchers at Children's Hospital Colorado want to learn about improving mood and preventing type 2 diabetes in teenage girls.



Eligible teens will participate in therapy and/or exercise group programs.

- Girls ages 12-17
- Have family members with diabetes
- Sometimes feel stressed or depressed

Possible benefits can include:

- Feeling happier and less stressed
- Increased physical fitness
- Reduced chance of developing type 2 diabetes



Scan this code to open our page!

To take part in this research study or for more information, please contact us at 970-290-6734 or cbtex@childrenscolorado.org

Teens can earn up to \$505 if they complete all parts of the study.